

What is Iridology?

Iridology is an evolutionary Natural Health Science. An iridologist analyzes the delicate structures of the iris (the colored part of your eye). The most recent research in the field of iridology suggests that our iris patterns are primarily genetic and as such reveal the inherent pre-dispositions which are most likely to contribute to our health problems.

Because an iris analysis identifies an individual's inherent health tendencies, it can reveal where that person's body is most likely to break down if they get sick. It may also help tell us which organ systems are likely to give us the most problems throughout our lifetimes and what diseases we would be most likely to develop if we are not careful with our health.

If you have current health challenges, a visit to an Iridologist can help target contributing factors to those health concerns. Once identified, corrective measures can be employed, providing you with an opportunity to get better faster.

For good health and recovery, it's essential to address the root cause of an illness and to understand how the body compensates for poor functioning organs and glands. Iridology helps target possible root causes and helps correlate various symptoms.

In Europe today, many physicians use Iridology to identify areas of concern *before* health problems occur.

Benefits of Iridology

The structure, pattern, color and markings of our eyes, when properly interpreted, often provide intriguing information about our physical and psychological makeup.

Consider visiting an iridologist as good "preventative medicine". Since the iris can reveal the potential for future health risks, effective measures can often be implemented early enough to reduce, delay or even eliminate your risk of ever developing a problem in an inherently vulnerable organ.

Iris analysis is also very beneficial for people who may not be familiar with their genetic health history. Because the genetic pattern of your eyes does not essentially change, the information and recommendations given by a professional Iridologist can have life-long benefits.

In addition, since emotional factors are known to influence the disease process, your unique iris pattern also reveals certain personality traits that when better balanced, can positively impact your overall health including the well-being of your relationships.

An Iridology evaluation is informative, accurate, non-invasive and painless.

Iridology CAN:

- Reveal an individual's inherent strengths, challenges and innate recovery abilities.
- Show which organ systems that are likely to be affected by stress and imbalance in the body.
- Identify your degree of physical and emotional tolerance with regard to stressful and abusive situations.
- Suggest an individual's pattern of long-term nutritional requirements.
- Reveal basic personality characteristics.

Iridology CANNOT:

- Identify what diseases a person may have.
- Identify specific pathology in the body.
- Show how a person is taking care of their body or reveal what foods a person eats.
- Confirm the presence of viruses, parasites, yeast or bacterial infections in the body.
- Tell you whether or not a woman is pregnant.

About the Iridology Practitioner

JoAnn VanDerWerken CNHP IIPA

Certified since 1992 through the International Iridology Practitioners Association, JoAnn uses an integration of American and European Iridology, along with the unique Rayid Method of iris interpretation. Combining these approaches provides the client with the most comprehensive iris evaluation possible. Years of clinical experience and her continuing passion for Iridology creates great demand for JoAnn's expert evaluation and assures the client of a unique, positive and useful experience.

